



**Saint Lucy Parish**  
**Parroquia de Santa Lucía**  
2350 Winchester Blvd.  
Campbell, CA 95008  
(408) 378-2464  
fax (408) 378-5548  
Email:  
stlucyparishoffice@dsj.org  
www.stlucy-campbell.org  
www.facebook.com/  
SaintLucyParish  
Twitter @StLucyCampbell

**Office Hours**  
9AM - 6PM Mon - Thurs  
9AM - 5PM Friday  
**Horario de Oficina**  
9AM - 6PM Lunes a Jueves  
9AM - 5PM Viernes

**School / Escuela**  
(408) 871-8023

**Religious Education**  
**Educación Religiosa**  
(408) 379-5900

**SVDP/Outreach Services**  
**Servicios Sociales**  
(408) 378-8086  
Office Open:  
10AM-11:45AM Mon - Fri  
**Horario de Oficina:**  
10AM-11:45AM  
Lunes a Viernes

**The mission of Saint Lucy Parish is to lead people to a transformative relationship with Jesus Christ and the Catholic Church.**

**We live our faith by welcoming and serving.**

**La misión de la Parroquia de Santa Lucía es guiar a la comunidad a una relación transformadora con Jesucristo y la Iglesia Católica.**

**Vivimos nuestra fe en el servicio y al dar la bienvenida.**

### **MASSES / MISAS**

**Saturdays / Sábados**  
8AM & 5:15PM

**Sundays / Domingos:**  
7AM., 9AM, & 11AM,  
1PM (Spanish/Español), & 6PM  
**Weekdays / Días de la Semana**  
8AM

**Holy Days / Días Santos**  
8AM, 11:30AM (School), 6:30PM, 8PM (Spanish/Español)

### **RECONCILIATION / CONFESIONES**

Friday / Viernes (Bilingual/Bilingüe):  
7PM to 9PM  
Saturday / Sábado:  
3:30PM to 5PM

### **PARISH STAFF / PERSONAL PARROQUIAL**

**Pastor/Párroco**  
Rev. Kevin P. Joyce  
(408) 378-2464 x 106, kjoyce@dsj.org

**Parochial Vicar/Vicario Parroquial**  
Rev. Steve Kim  
skim@dsj.org, (408) 378-2464, x 105  
Rev. John Poncini (in residence)  
jponcini@dsj.org

**Pastoral Associate / Asociado Pastoral**  
Antonio Ojeda  
(408) 378-2464 x 107, aojeda@dsj.org

**Co-Directors of Faith Formation /**  
**Co-Directores de Formación de Fe**  
Irma Alarcón de Rangel  
(Spanish/Español )  
(408) 378-2464 x 102,  
ialarconderangel@dsj.org

Andrew Brown (English/Ingles)  
(408) 378-2464 x 101, abrown@dsj.org

**Youth Minister/ Ministro de la Juventud**  
Nancy Pontier  
(408) 378-2464 x 103, npontier@dsj.org

**Principal of the School/**  
**Directora de la Escuela**  
Ms. Sue Grover  
(408) 871-8023, principal@stlucyschool.org

**Parish Administrator /**  
**Administrador de la Parroquia**  
Raymond Langford  
(408) 378-2464 x 110, rlangford@dsj.org

**Accounting/ Contabilidad**  
Russ Paige  
(408) 378-2464 x 110, rpaige@dsj.org

**Office Manager / Gerente de Oficina**  
Maricela Gallarate  
(408) 378-2464 x 118, mgallarate@dsj.org

**Administrative Assistants/ Secretarias**  
Ingi Ibarra  
(408) 378-2464 x 114, iibarra@dsj.org  
Yvonne Franco  
(408) 378-2464 x 114, yfranco@dsj.org  
Erika Alcaraz  
(408) 378-2464 x 104, ealcaraz@dsj.org

## Update from Fr. Kevin On His Medical Leave

In early February I informed you that I would be leaving in July for a "cardiac rehab" experience. My doctor would like me to go earlier, so I've decided to begin the 3-month medical leave on March 22. Fr. John Poncini will cover most of my Masses while I am away. Fr. Steve will be pastoral administrator and Raymond Langford will continue as Parish Administrator for temporalities. I look forward to seeing you all on July 1. Thank you for your concern and prayers. My Spirit-Seekers seminars will be cancelled for April and May.

**ADA2014**  
ANNUAL DIOCESAN APPEAL

Thank you to our many generous parishioners that have returned gifts and pledges to the 2014 Annual Diocesan Appeal. Your support of this Appeal helps our parish in our financial responsibility to our larger Diocesan Church. To date we have received \$128,516 from 313 families, towards our \$175,433 goal. Please remember, that any amount over our goal comes back to our parish 100%. Please consider a gift to the ADA; every gift makes a difference. We want your participation and need your support.

### St. Lucy Parish welcomes these newly baptized children.



*Josiah Batto Advincola, Belizabeth Annika Hernandez,  
Benjamin Michael Lopus, Ava Lucia Tran,  
Maddison Amelia Kate Nobleza, Surie Montserrat Solis*

A big **thank you** to Marcela Haro for sponsoring the 6:00 PM Lenten Soup last Friday. The Soup was delicious and we enjoyed it along with the bread and the nice hospitality you provided. Thank you for your generosity!



### Ministry to the Sick and Homebound

(English) Ed DeGregorio (408)287-1934  
(Spanish) Antonio Ojeda (408) 378-2464 Ext. 107

If at any time, you or a member of your family are homebound, whether because of age, illness, or surgery, and are unable to come to church, we have a dedicated team of Eucharistic Ministers who will bring communion to you. To arrange for a minister of Holy Communion to visit, call Ed DeGregorio (408) 287-1934.



**St. Lucy's Pro-Life Awareness Ministry extends a heartfelt "thank you" for all who participated in the 40 Days for Life Mass. The mass was enhanced by all who participated in the Intercession Prayers for Life "Seamless Garment". All who provided desserts for the reception were greatly appreciated and enjoyed.**

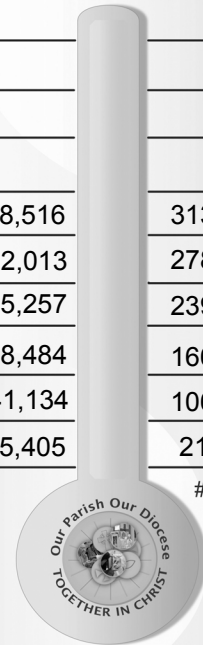
Join Bishop Thomas Daly for a Procession of Life at 11am on April 5th from St. Leo Church, 88 Race Street, San Jose to Planned Parenthood at 1681 The Alameda, San Jose for a prayer vigil.

*Our goal is to change hearts, to end abortion and to help pregnant moms choose life through motherhood or adoption. Daily prayer vigils to end abortion from 8am to 7pm each day from March 5 to April 13 at 1691 the Alameda, San Jose.*

## 2014 Annual Diocesan Appeal

Parish Goal \$ \$175,433

Week 10 _____	Week 10 _____
_____	_____
_____	_____
_____	_____
\$128,516	313
\$112,013	278
\$95,257	239
\$68,484	166
\$41,134	106
Week 1 \$5,405	21 Week 1
Goal \$ _____	# of Contributors _____



DONATE TODAY!  
[www.dsj.org/ADA](http://www.dsj.org/ADA)

### ADORATION

Every Thursday, 9:00AM - 5:45PM

When asked, "What would save the world?.. Mother Teresa replied: "My answer is prayer. What we need is for every parish to come before Jesus in the Blessed Sacrament in holy hours of prayer."



### Catholic Charities of Santa Clara County Charity Run

Spring Forward 5K Walk & 10K Run & Children's Run  
April 5, 2014 - 8am

Microsoft Campus, Mountain View  
Register today!

\$1,000 award to the parish (or parish school) who registers a minimum of 20 or more adults!

\$5 off every group/team registration of 10 or more people!

For additional information and to register go to:  
<http://springforward5k10k.com> or contact Linda Pippin at 408-325-5125 or email [lpippin@CatholicCharitiesSCC.org](mailto:lpippin@CatholicCharitiesSCC.org).

Join the St. Lucy's Prayer Chain or submit prayer requests here:

[stlucysprayerchain@gmail.com](mailto:stlucysprayerchain@gmail.com)



## Cambio para el Reposo Medico del Padre Kevin

A principios de febrero les informé que me iría en julio para "rehabilitación cardiaca". Mi médico quiere que me vaya antes, así que decidí comenzar mi reposo médico de 3 meses, el 22 de marzo. El Padre John Poncini cubrirá la mayor parte de mis misas mientras estoy fuera. Fr. Steve será administrador pastoral y Raymond Longford continuará como Administrador Parroquial. Espero verlos a todos de nuevo el 1 de julio. Gracias por su preocupación y sus oraciones.

Mis pláticas mensuales para los meses de abril y mayo se cancelan.

**ADA2014**  
ANNUAL DIOCESAN APPEAL

¡Gracias a muchos de nuestros feligreses generosos que han regresado sus donaciones y promesas a la Campaña Anual Diocesana de 2014. Su apoyo a esta llamada de ayuda a nuestra parroquia en nuestra responsabilidad financiera para nuestra Iglesia Diocesana. Hasta la fecha hemos recibido \$128,516 de 313 familias, hacia nuestra meta de \$175,433. Por favor, recuerde que el 100% de cualquier cantidad arriba de nuestro objetivo vuelve a nuestra parroquia. Por favor considere un regalo al ADA, cada donativo hace diferencia. Queremos su participación y necesitamos de su apoyo. Dios los bendiga, el Padre Kevin, el Padre Steve, y Raymond Langford



### La Parroquia de Santa Lucía le da la bienvenida a estos niños recién bautizados.

*Josiah Batto Advincula, Belizabeth Annika Hernandez, Benjamin Michael Lapus, Maddison Amelia Kate Nobleza, Surie Montserrat Solis, Ava Lucia Tran*

*Una nota de agradecimiento a todos los que participaron en la segunda Sopa de Cuaresma que disfrutamos este viernes pasado. Especialmente a las personas que prepararon la sopa y a todos los que ayudaron. Muchas Gracias por su generosidad!*



## 2014 Annual Diocesan Appeal

Parish Goal \$ \$175,433

Week 10 \_\_\_\_\_ Week 10

\$128,516 313

\$112,013 278

\$95,257 239

\$68,484 166

\$41,134 106

Week 1 \$5,405

Goal \$

21 Week 1

# of Contributors



DONATE TODAY!  
www.dsj.org/ADA

### Ministerio a los Enfermos confinados en el Hogar.

(Inglés) Ed DeGregorio (408) 287-1934

(Español) Antonio Ojeda (408) 378-2464 ext. 107

Si en algún momento, usted o un miembro de su familia no puede/n salir de casa, ya sea debido a la edad, la enfermedad, o alguna cirugía, y no puede/n venir a la iglesia, tenemos un equipo dedicado de Ministros de la Eucaristía que le puede/n llevar la comunión.

Para arreglar una visita de un ministro de la Sagrada Comunión. Llame a Antonio Ojeda (408) 378-2464 Ext. 107



**El Ministerio de Pro-Vida de Santa Lucia extiende un sincero "gracias" a todos los que participaron en la Misa de 40 Días por la Vida. La misa se ve reforzada por todos los que participaron en las oraciones de intercesión por la Vida. Muchas Gracias a todos los que proporcionaron los postres para la recepción. Fueron apreciados y disfrutados.**

Únete con el Obispo Thomas Daly para una Procesión por la Vida que empieza a las 11AM el 5 de abril en la Iglesia de St. Leo, 88 Race Street, San José y termina en la Oficina de Planned Parenthood en 1681 The Alameda, San José con una vigilia

*Nuestro objetivo es cambiar los corazones para terminar con el aborto y para ayudar a las mamás embarazadas que opten por la vida a través de la maternidad o de la adopción. Vigilias de oración diaria para terminar con el aborto 8 am-7 pm todos los días del 5 marzo al 13 abril en 1691 en la Alameda.*  
www.40daysforlife.com/sanjose 408-497-7270

### ADORACIÓN

Todos los jueves, de 9AM - 5:45PM

Cuando se le preguntó, "¿Qué podría salvar al mundo?.. La Madre Teresa respondió:" Mi respuesta es la oración. Lo que necesitamos es que cada feligrés venga ante Jesús en el Santísimo Sacramento en la hora santa de oración".



### Caridades Católicas del Condado de Santa Clara

Caminata o Carrera de 5K y 10K y

Carrera para Niños

5 de abril 2014 - 8 a.m.

Campus Microsoft, Mountain View

Regístrese hoy mismo!

Premio de \$1,000 a la parroquia (o escuela parroquial) que registra un mínimo de 20 o más adultos!

Descuento de \$5 por cada registro de grupo / equipo de 10 o más personas

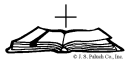

Para más información y para registrarse, visite:  
http://springforward5k10k.com o comuníquese con Linda Pippin al 408-325-5125 o por correo electrónico lpippin@CatholicCharitiesSCC.org.

Únete a la Cadena de Oración de Santa Lucia o envíe peticiones para oración al: stlucysprayerchain@gmail.com



## Mass Intentions/Intenciones de la Misa

**March 24 - March 30**  
**24 de Marzo - 30 de Marzo**

Monday/Lunes	8AM	Special Intention for Georgie Wolf
Tuesday/Martes	8AM	Nirmalie Shanti De Alwis +
Wednesday/Miércoles	8AM	Rose & Alex Lenarduzzi +
Thursday/Jueves	8AM	Special Intention for Keller Family
Friday/Viernes	8AM	Soledad Peña + Mario Vazquez + Jose Vazquez +
Saturday/Sábado	8AM	John J. Boitano +
Mass Intentions	5:15PM	Ruth Amiro +
		
Sunday/Domingo	7AM	Michael Anthony Stepovich +
	9AM	People of the Parish
	11AM	Jackie Desrosiers +
	1PM	Alex Jaramillo Ovalle +
	6PM	Dorothy Wylie +

### Please Pray for the Deceased: Oremos por los Fieles Difuntos:

Joseph Ackler + Betty Muscha +  
Guillermo Correa + Alena Neff +  
Gil Dolor +

### Please Pray for the Sick: Oremos por los Enfermos:

Madalyn Perrine  
Clare Webster

### Welcome

We welcome visitors and newcomers to St. Lucy Parish. We encourage new parishioners to register as parish members and become active in our parish community. Registration forms are available outside the Church, at our Parish Office and on our Web Site.

### YOUR GENEROSITY IS APPRECIATED

The offertory collection for March 16th totaled \$15,702.  
The second collection for St. Vincent de Paul/Outreach totaled \$3,223.

**The Second Collection next weekend will be for Catholic Relief Services.**

Diocese of San Jose - Office of Protection of Children and Vulnerable Adults, Ph: (408) 983-0113; Emergency # (408) 983-0141 E-mail: protection@dsj.org

## PRESIDERS NEXT WEEKEND CELEBRANTES PARA EL PROXIMO FIN DE SEMANA

5:15 PM	Saturday/Sábado	Fr. Steve Kim
7:00 AM	Sunday/Domingo	Fr. John Poncini
9:00 AM	Sunday/Domingo	Fr. Steve Kim
11:00 AM	Sunday/Domingo	Fr. John Poncini
1:00 PM	Sunday/Domingo	Fr. Steve Kim
6:00 PM	Sunday/Domingo	Fr. Steve Kim



### MARCH 30TH READINGS LECTURAS PARA EL 30 DE MARZO

#### Fourth Sunday of Lent Cuarto Domingo de Cuaresma

**1st Reading/1ª lectura:**  
1 Samuel/1 Samuel 16:1b, 6-7, 10-13a  
**Responsorial Psalm/Salmo:**  
Ps/Salmo 23:4-5, 18-20, 22  
**2nd Reading/2ª lectura:**  
Ephesians/Efesios 5:8-14  
**Gospel/Evangelió:**  
John/Juan 9:1-41 [1, 6-9, 13-17, 34-38]



### READINGS FOR THE WEEK LECTURAS DE LA

Monday/Lunes: 2 Kgs/2 Re 5:1-15b; Ps 42:2, 3; 43:3, 4;  
Lk/Lc 4:24-30  
Tuesday/Martes: Is 7:10-14, 8:10; Ps 40:7-11; Heb 10:4-10;  
Lk/Lc 1:26-38  
Wednesday/Miércoles: Dt 4:1, 5-9; Ps 147:12-13, 15-16, 19-20; Mt 5:17-19  
Thursday/Jueves: Jer 7:23-28; Ps 95:1-2, 6-9; Lk/Lc 11:14-23  
Friday/Viernes: Hos/Os 14:2-10; Ps 81:6c-11ab, 14, 17;  
Mk/Mc 12:28-34  
Saturday/Sábado: Hos/Os 6:1-6; Ps 51:3-4, 18-21ab;  
Lk/Lc 18:9-14

### Bienvenidos

Le damos la bienvenida a los visitantes y recién llegados a la Parroquia de Santa Lucía. Invitamos a los nuevos feligreses a registrarse como miembros de la parroquia y participar activamente en nuestra comunidad parroquial. Los formularios de inscripción están disponibles afuera de la Iglesia, en la oficina parroquial y en nuestro sitio Web.

### AGRADECIENDO SU GENEROSIDAD

La colecta del ofertorio del 16 de marzo fue de \$15,702.  
La segunda colecta para la Oficina de Servicios San Vicente de Paul fue de \$3,223.

**El próximo fin de semana la segunda colecta será para Catholic Relief Services.**

Diócesis de San José - Oficina de Protección de Niños y Adultos Vulnerables, Tel: (408) 983-0113; Tel. Emergencia # (408) 983-0141 E-mail: protection@dsj.org



# Schedule of Events / Calendario de Eventos Parroquiales

This schedule is subject to change. For the most current schedule please visit [www.stlucy-campbell.org](http://www.stlucy-campbell.org)

Este calendario está sujeto a cambios. Para encontrar la versión actualizada



## Monday/Lunes: 3/24/2014

Funeral	Church	11:00am
Funeral Reception	PAC-A,B,C	12:00pm
Scripture Study	PAC-B	7:00pm
EDGE Meeting	Lally	7:00pm
Grupo de Oración - Choir Practice	Church	7:00pm
RICA	PAC-A	7:15pm

## Tuesday/Martes: 3/25/2014

School - 8th Practice for Stations	Church	1:00pm
Bilingual Catechetics	PAC-A,B,C	4:00pm
Bilingual Catechetics	Lally	4:00pm
Confirmation Leader Meeting	PAC-B	6:00pm
Hispanic Committee Monthly Meeting	Conf. Rm.	7:00pm
Choir Practice - 11am Mass	Church	7:30pm

## Wednesday/Miércoles : 3/26/2014

School - 8th Grade Friendship Quilt	Annex	2:30pm
Cadette Girl Scout Troop Meeting	PAC-A	2:30pm
Vietnamese Prayer Group	Church	2:30pm
Novena with Rosary	Church	6:00pm
Hispanic Children's Guitar Lessons	Lally	6:30pm
Cub Scout Webelo 2 Meeting	Annex	7:00pm
RCIA	PAC-A	7:00pm
Meditation	PAC-C	7:00pm
Hispanic Choir Practice	Church	7:30pm
"With One Voice " - 6:00pm Choir	Lally	7:30pm

## Thursday/Jueves: 3/27/2014

Adoration of the Blessed Sacrament	Church	9am-5:45pm
AA Meeting - Silver Serenity	PAC-B	2:00pm
Tutoring of Congolese Children	PAC-B	3:30pm
Benediction	Church	5:45pm
Wedding Rehearsal	Church	6:00pm
Leadership Monthly Meeting	PAC-A,B,C	7:00pm
Quinceañera Rehearsal	Church	7:00pm

## Friday/Viernes: 3/28/2014

School - 8th Grade Retreat	PAC-A,B,C	8:00am
Quinceañera Rehearsal	Annex	5:00pm
Wedding Rehearsal	Church	5:30pm
Lenten Soup Dinner (English)	PAC-A	6:00pm
Grupo de Oración Youth Group	PAC-C	7:00pm
Bilingual Reconciliations and Stations of the Cross (English)	Church	7:00pm
Bilingual Reconciliations and Stations of the Cross (Spanish)	Church	8:00pm
Despertar Juvenil	Lally	7:30pm
Via Crucis Rehearsal	Church	9:00pm

## Saturday/Sábado: 3/29/2014

Zumba	Lally	9:00am
Wedding	Church	12:00pm
Vietnamese Catechetics	Lally	1:00pm
Quinceañera	Church	2:00pm
Despertar Juvenil Cena Predica	PAC-A	2:00pm
Choir Practice - 5:15 Choir	Church	4:30pm
Coro de Niños Via Crucis Rehearsal	Church	6:30pm

## Sunday/Domingo: 3/30/2014

Catechetical Classes - English	Lally	9:00am
Hispanic Children's Choir Practice	Annex	11:00am
Bilingual Catechetical Classes	PAC-A,B,C	11:30am
Bilingual Catechetical Classes	Lally	11:30am
RICA Scripture Sharing	PAC-C	1:00pm
Wedding	Church	3:00pm
"With One Voice " - 6:00pm Choir	Church	4:00pm
RCIA Dismissal	PAC-B	6:00pm
Life Teen	PAC-A,B,C	7:30pm
Life Teen	Lally	7:30pm

St. Lucy Parish Office  
 Will be **CLOSED** on  
 Friday, March 31, 2014  
 In Observance of Cesar Chavez



La oficina de la  
 Parroquia de Santa Lucia  
 Va a estar **CERRADA**  
 El Viernes, 31 de marzo, 2014  
 Por ser el dia de Cesar Chavez

# St. Lucy's 2014 Vacation Bible Camp:

# SON TREASURE ISLAND



Join the Treasure Hunting Adventure at  
St Lucy's Parish Gym  
For grades Pre-K - 5th

**Monday, June 23 - Friday, June 27**  
**Lunes 23 de Junio-Viernes 27 de Junio**  
**8:45am- 12noon**

**Cost/Precio: \$75.00**

**Registration due by May 1**

**Entregue registraciones antes del 1 de Mayo**

**Registration forms found at [www.stlucy-campbell.org](http://www.stlucy-campbell.org) or  
at the Parish Office.**



Contact Andrew Brown with more questions. [abrown@dsj.org](mailto:abrown@dsj.org)



**Soldados de Cristo** **Lugar de partida:**  
**Saint Lucy Parish**  
**2350 Winchester Blvd Campbell Ca.**  
**Fecha: Abril, 11**  
**Hora: 7:00 am**

[/PascuaJuvenilBayarea](https://www.facebook.com/PascuaJuvenilBayarea)

Ven y preparate a vivir la Pasión Muerte y Resurrección de Jesús de una manera diferente, este 11, 12 y 13 de Abril. ¡Atrévete no te arrepentirás!

# *St. Lucy Parish Lenten Schedule 2014*

## *Eventos de Cuaresma 2014 de la Parroquia de Santa Lucía*

### *Lenten Morning Mass*

8:00 AM Monday—Saturday (English)

### *Fridays of Lent*

#### *Lenten Soup Dinners*

6:00 PM English

March 28 in the Parish Activity Center

April 4 in the Annex

5PM April 18 in the Annex hosted  
by the School

#### *Stations of the Cross*

7:00 PM English in the Church

March 7, March 14,

March 21, March 28, April 4

#### *Tenebrae*

(Ancient Service of the Liturgy of the Hours  
& Extinguishing of Candles)

7:30 PM (English with Spanish Translation)

Friday, April 11

#### *Reconciliation/Confessions*

(English/Spanish)

Fridays, 7:00pm to 8:30pm

Saturdays, 3:30 pm to 5:00 pm

No scheduled Reconciliation/Confessions on  
Holy Saturday, April 19

#### *Reconciliation Service*

Including private confession in English & Spanish

Wednesday, April 9 - 7:00 pm

### *Misa Cuaresmal por la mañana*

8:00 AM Lunes a Sábado (Inglés)

### *Viernes de Cuaresma*

#### *Cena de Sopa para la Cuaresma*

7:00PM Español

Marzo 28 en el Centro de Actividades

Abril 4 en el Anexo

5PM Abril 18 en el Anexo organizada  
por la Escuela

#### *Viacrucis*

8:00 PM Español en la Iglesia

Marzo 7, Marzo 14.

Marzo 21, Marzo 28, Abril 4

#### *Tenebrae*

(Antiguo servicio de la  
Liturgia de las Horas)

7:30 PM Inglés con traducción al español

Viernes, 11 de abril

#### *Confesiones*

en Inglés y Español

Viernes, 7:00pm a 8:30pm

Sábados, 3:30 pm a 5:00 pm

No habrá confesiones el  
Sábado Santo, 19 de abril

#### *Celebración del*

#### *Sacramento de Reconciliación*

Incluye la confesión privada en Inglés y Español

Miércoles, 9 de abril - 7:00 PM

**There will be NO FLOWERS OR PLANTS IN THE CHURCH DURING LENT.**

**No habrá FLORES O PLANTAS EN LA IGLESIA DURANTE LA CUARESMA.**

Lent is all about change and change is usually not easy. In order to change we have to leave something behind. What is it that the Lord is asking us to leave behind? Are we willing to take the risk for the promise made by God? These questions are at the heart of the Lenten journey.

#### **Lenten Practices**

##### **Fast Days**

**Ash Wednesday & Good Friday**

One full meal, two light meals; no eating between meals. Ages 18-60.

##### **Days of Abstinence**

**Ash Wednesday & all Fridays**

No meat for those over age 14.

Cuaresma es cambio y cambiar no es fácil. Para poder cambiar debemos dejar algo atrás. ¿Qué nos pide Dios dejar atrás? ¿Estamos dispuestos a arriesgarlo todo por la promesa que Dios hace? Estas son las preguntas centrales en el camino de conversión de la Cuaresma. © Copyright, J. S. Paluch

#### **Prácticas para la Cuaresma**

**Días de ayuno Miércoles de Ceniza y Viernes Santo**

Una comida completa, dos comidas ligeras, no comer entre comidas. De 18 a 60 años.

**Días de abstinencia**

**Miércoles de Ceniza**

**y todos los viernes de Cuaresma**

Nada de carne para los mayores de 14 años de edad.



**MAUREEN O'CONNELL**  
Attorney at Law, Parishioner  
Living Trusts • Wills • Probate  
**408-297-6004**

**KW** KELLER WILLIAMS REALTY  
**Kelley Solberg, Realtor®**  
262 E. Main St.  
Los Gatos, CA 95030  
Cell: 408.464.8629  
**Knowledge Experience Integrity**  
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85% of Graduates Enroll in College  
Sponsors Needed to Continue the Mission  
**Adopt a Student** Call (650) 326-1258

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